



## BREAKFAST MENU

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### Barton Breakfast Stand

Seasonal Fresh Fruit Salad  
K Club Orchard Apple Yoghurt and Straffan Red Rhubarb Yoghurt  
Traditional Selection of Pastries  
Newbridge Mill Flour Mini Scones  
Guinness Brown Bread  
McCarthy's Straffan Strawberry/Fruit Smoothie

### Juices

Orange | Crinnaughton Apple | Cranberry  
Grapefruit | Prune | Tomato

### Selection of Cereals Available

Cold Avonmore Milk  
Low Fat Milk  
Almond Milk

Bewley's Breakfast Tea and Coffee



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### A la Carte

#### Organic Flahavan's Porridge

Served with Honey & Mixed seeds, Banana or Blueberries

#### Crushed Avocado

Crushed Avocado, O'Brien's Poached Eggs  
on Toasted Sourdough Bread

#### Eggs Benedict

O'Brien's Poached Eggs and Newbridge Ham  
served with Hollandaise sauce on Toasted Brioche

#### Smoked Salmon and Scrambled Eggs

Quinlan's Smoked Salmon and O'Brien's Scrambled Eggs

#### Brioche French Toast

Served with Caramelized Bananas and Maple Syrup

#### The K Club Full Irish

Newbridge Bacon and Farm Sausage, Clonakilty Pudding,  
Tomato and Mushrooms with O'Brien's Family Fried Eggs