



The K Club

Continental Breakfast Menu

Sausages:

- Pork
- Seaweed with pork
- Chicken

Bacon (cooked to your choice):

- Maple
- Smoked streaky
- Normal back

- Breakfast Pudding
- Clonakilty pudding

- Tomatoes
- Mushrooms Black and white

Hash browns

- Eggs
- Fried
- Poached
- Scrambled
- Egg ramakin
- Omelette with choice of filling
- Egg white omelette
- Egg white scrambled
- Scrambled egg & salmon
- Boiled egg



Freshly squeezed juice:

Orange juice
Grapefruit juice
Smoothie

Juice:

Apple
Cranberry
Pineapple

Cereals:

K Club special muesli
Porridge
All bran
Cornflakes
Frosties
Rice krispies
Special K
Bran flakes
Granola
Weetabix

Breads, cakes and organic preserves:

Brown bread
Walnut cake
Orange cake
Coconut cake
Croissant (mini)
Danish (mini)
Pain au chocolat (mini)
Home made brioche
White or brown toast
Sourdough oval
Bagettes
Bagels
Muffins- chocolate and blueberry
Health bread

Muesli

Golden sultanas
Roasted hazelnuts
Sugared almonds
Pumpkin seeds
Sunflower seeds
Lin seeds